

17.0 Microprocessors
17.3 Central & Southern Interior

Allen's Simply Delicious Gourmet Candies

Box 1208
Nelson, BC V1L 6H3
phone: 250 352-3576
fax: 250 354-0125
licorice@netidea.com

Products: gourmet licorice and candies

Ariah's Edible Creations

Box 73
Slocan Park, BC V0G 2E0
phone: 250 226-6755
ariahd@netidea.com

Products: organic perogies, spelt somosas, veggie pies, gourmet pizza, wheat/oil/dairy free soups, mostly organic burritos and spanikopita

Specialties: Organic

Caledonia Organic Farm

1253 Indian Road
Creston, BC V0B 1G8
phone: 250 428-9926
fax: 250 428-9962
pkirving@kootenay.com

Products: in house processing: produce: bagged/boxed potatoes, corn & squash, cleaned grains & seeds

Specialties: Organic

Cannery Brewing Company Ltd.

112 1475 Fairview Road
Penticton, BC V2A 7W5
phone: 250 493-2723
fax: 250 493-2723

Products: handcrafted all natural microbrewed beer, drafts, kegs, microkegs, custom brew

Specialties: Natural

Brands: Cannery Brewing Company

Castle Rock Garden

Box 4201
Williams Lake, BC V2G 2V3
phone: 250 747-8496

Products: fruit & vegetables, jams & jellies, baked goods

Cherry Bomb Productions

1801 Hall St.
Nelson, BC V1L 2A5
phone: 250 352-6115
fax: 250 352-6115

cherrybomb@telus.net

Products: gourmet sauces and condiments

Crannog Ales

706 Elson Road
S 6, C 38, RR 1
Sorrento, BC V0E 2W0
phone: 250 675-6847
fax: 250 675-6849

crannog@ramshorn.bc.ca

Products: organic ales

Specialties: Organic

Brands: Crannog Ales

Dragon's Eye Nursery

RR 1 4365 Victoria Road
Grand Forks, BC V0H 1H5
phone: 250 442-5731
fax: 250 442-0035

Products: medicinal/culinary tinctures, dried herbs, teas

Duck Lake Berry Orchard Ltd.

1331 Channel Road
RR 1 Site 1 Box 7
Wynndel, BC V0B 2N0
phone: 250 866-5792
fax: 250 866-5792

Products: fruit jams and syrups

Echo Oils Inc.

2148 Haaglund Rd.
Christina Lake, BC V0H 1E3
phone: 250 447-7661
fax: 250 447-7661

www.echo-oils.com
iam@sunshinecable.com

Products: fresh pressed hemp, canola & flax oils, wheat-free pasta, contract pressing, fresh nut butters and tahini

Elephant Island Orchard Wines

RR 1, Site 5, Comp 18,
2730 Aikens Loop
Naramata, BC V0H 1N0
phone: 250 496-5522
fax: 250 496-5521
info@elephantislandwine.com

Products: fruit wines

Brands: Elephant Island Orchard Wines

Ewe Milk Sheep Dairy

Comp 9 Site 9 RR 1
Winlaw, BC V0G 2J0
phone: 250 355-2269
fax: 250 355-2269

ewe@netidea.com

Products: yogurt, cheese, ice cream, milk, organic lamb

Frenchie One (The)

2158 Makonin Rd.
Castlegar, BC V1N 4R2
phone: 250 354-9877
tfo73@hotmail

Products: fruit vinegars, chocolate walnuts

Glade Mountain Farm

1920 Glade Rd.
Castlegar, BC V1N 4R6
phone: 250 399-4815
fax: 250 399-4815

glademtn@netidea.com

Products: basil concentrate, frozen herbs, daikon greens, pea shoots, sunflower greens, dill concentrate

In Your Face Foods

Box 57
Procter, BC V0G 1V0
phone: 250 229-5646
fax: 250 229-5658

Products: dips, sauces, spreads

Kaslo Sourdough Bakery

PO Box 1238
119 N 7th St
Kaslo, BC V0G 1M0
phone: 250 353-7656
fax: 250 353-2077

sour@netidea.com

Products: organic and conventional sourdough breads

Specialties: Organic

Kootenay Pasta Company Ltd.

PO Box 2066
149 Industrial Road #2
Invermere, BC V0A 1K0
phone: 250 342-9056
fax: 250 342-6518
other: 1-888-667-2782

tands@rockies.net

Products: gourmet fresh pasta, pasta sauces

Brands: Kootenay Pasta

Kootenay Springs Ltd.

120R - 6th Street North
Cranbrook, BC BC V1C 5W6
phone: 250 426-0626
fax: 250 426-0622

Products: distilled water

Brands: Kootenay Springs

Kutenai Chai Tea Brewing Company

506A Latimer St.
Nelson, BC V0B 1G8
phone: 250 352-1119
kutenaichai@hotmail.com

Products: chai tea concentrate, regular or decaffeinated

La Frenz Winery

740 Naramata Road
Pentiction, BC V2A 8T5
phone: 250 492-6690
fax: 250 492-6690
lafrenz@telus.net

Products: wine

Specialties: Premium

Brands: La Frenz

Legendary Meats

Site 12, Comp 5, RR 1
Slocan Park, BC V0G 2E0
phone: 250 226-7803

Products: custom cutting wild and domestic meats, sausage making, bulk sales

Moly Enterprises

2230 Hwy 3A
Creston, BC V0B 1G8
phone: 250 428-5781
sharlatruscott@uniserve.com

Products: organic milled grains

Natural Gourmet Angus

5121 30th Ave. SW
Salmon Arm, BC V1W 4M1
phone: 250 832-9070
fax: 250 832-9070
gfritzel@jetstream.net

Products: cut and frozen natural beef

Specialties: Natural

Naturlean Ostrich Products Ltd.

4628 32 St.
Canyon, BC V0B 1C1
phone: 250 428-5843
fax: 250 428-5867
naturalean@uniserve.com

Products: ostrich meat products

Nelson's Chocofellar

202 625 Front St.
Nelson, BC V1L 4B6
phone: 250 352-5880

Products: hand-made chocolate bars and cream filled chocolates

Oso Negro

8-512 Latimer St.
Nelson, BC V1L 4T9
phone: 250 352-7661
fax: 250 652-2038
other: 877 232-6489
oso_negro@telus.net

Products: fine roasted coffee, fair trade, organice, shade grown

Pleasant Valley Honey Farm

Box 714
Lister, BC V0B 1Y0
phone: 250 428-7443
fax: 250 428-8872

Products: honey, bee's wax, pollen

Brands: Pleasant Valley Honey Farm

Ron's Kootenay Kitchen

2065 Haaglund Rd.
Christina Lake, BC V0H 1E3
phone: 250 447-9263
ronskk@sunshinecable.com

Products: paté, gomashio, goma (seasme seed condiment)

Sheep Creek Apiary

Box 84
Skookumchuk, BC V0B 2E0
phone: 250 422-3566
fax: 250 422-3566
diverse@rockies.net

Products: honey, pollen

Silverking Soya Foods

508-C Latiimer St.
Nelson, BC V1L 4T9
phone: 250 352-5897
renejeff@netidea.com

Products: tofu, soy milque

Sunshine Bay Botanicals

PO Box 5
Procter, BC V0G 1V0
phone: 250 229-2271
fax: 250 229-2332
office@hpcommunityforest.org

Products: herb tea blends, culinary
herb blends, medicinal tinctures

Thornhaven Estates Winery

RR2, Site 68, S15
6816 Andrew Ave
Summerland, BC V0H 1Z0
phone: 250 494-7778
fax: 250 494-8672
sales@thornhaven.com

Products: red & white wine
Brands: Thornhaven Estates Winery

West Arm Apiaries

726 Ogilive Rd.
Nelson, BC V1L 6P9
phone: 250 229-4765
fax: 250 229-5674
beejohnson1@netscape.net

Products: honey